

## Did you know?

- Atherosclerosis (illustrated at left) is the leading killer of adults age 55+.<sup>1</sup>
- 70% of those age 55+ have 2 or more risk factors, and many are not aware of it.<sup>2</sup>
- Using advanced ultrasound technology, Life Line Screening can now actually see inside your arteries to help determine your risk for atherosclerosis.

<sup>1</sup> National Heart, Lung & Blood Institute

<sup>2</sup> Life Line Screening database analysis; 8 Million customers screened between 1993-2014.

## Which Screenings are Right For you?

9 out of 10 cardiovascular doctors support preventive health screenings for cardiovascular disease among patients with key risk factors.\*

### All 5 Tests for \$149

**Carotid Artery/  
Plaque Screening**  
\$70.00

Ultrasound scan of the carotid arteries that screens for plaque buildup.

**Heart Rhythm  
Screening  
(Atrial Fibrillation)**  
\$70.00

This screens for irregular heart beat.

**Abdominal  
Aortic Aneurysm  
Screening**  
\$70.00

Screens for an aneurysm in the abdominal aorta, which could rupture.

**Peripheral Arterial  
Disease Screening**  
\$60.00

Screens for peripheral arterial disease in the lower extremities.

**Osteoporosis Risk  
Assessment**  
\$60.00

An ultrasound measurement of the heel bone to determine abnormal bone mass density.

\* Survey was among Cardiovascular Physicians, Vascular Surgeons and Neurologists.

Examples of key risk factors include obesity, tobacco use, diabetes, high blood pressure, Age 55+, family history of CVD

Join the nearly 8 million people who have been screened. Appointments are limited, register today:

**WHEN:** Monday, January 7<sup>th</sup>, 2019  
**WHERE:** Solon Center Wesleyan Church  
15671 Algoma Ave. NE, Cedar Springs

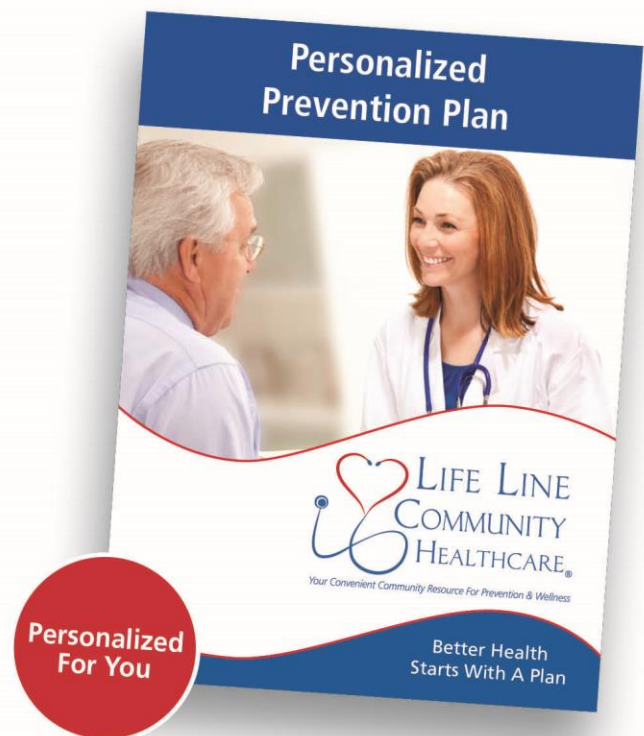
To register for your screening and to receive a \$10 discount, Please call 888-653-6450 or visit [www.LifeLineScreening.com/community-partners](http://www.LifeLineScreening.com/community-partners)

# Plot Your Route To Prevention & Wellness

NO CO-PAY  
UNDER  
MEDICARE  
PART B

## An Annual Wellness Visit Helps You Build A Plan For Better Health

- ✓ Get your Personalized Prevention Plan the Same Day
- ✓ Convenient one-on-one assessment with a Licensed Nurse Practitioner
- ✓ Develop a Personalized Prevention and Wellness Plan designed to keep you independent and active
- ✓ An AWW may seem similar to an annual physical, but it's different in many ways. An AWW provides a plan for better health, enabling you and your doctor to plan your preventive screenings and immunizations for the next 5-10 years



Where: Solon Center Wesleyan Church  
15671 Algoma Ave. NE, Cedar Springs  
When: Monday, January 7<sup>th</sup>, 2019

There is no co-pay for the Annual Wellness Visit under Medicare Part B. Discuss Part C and other insurance coverage with an LLCH Representative. Please call the number above if you are interested in *only* your Annual Wellness Visit or visit us online at [www.lifelinescreening.com/communitypartners](http://www.lifelinescreening.com/communitypartners). For additional screening options, offered by Life Line Screening, please refer to the front of this flyer!

Schedule Your Annual Wellness Visit Today by calling 1-866-579-5069  
(Please have your Medicare card ready when you call)